



Preparations needed for

US & CT:

Advise all patients to wear loose comfortable clothing for their scans

ULTRASOUNDS

- ◆ **Renal** – EMPTY BLADDER BEFORE STARTING DRINKS! Please drink 1 litre of water over the course of an hour prior to your appointment time and **HOLD**. **Children** under 4 years old do **NOT** need any preparation.

Additional information : Renal US includes kidney, bladder, urea, prostate and male pelvic.

- ◆ **Trans-vaginal** – EMPTY BLADDER BEFORE STARTING DRINKS! Please drink 1 litre of water over the course of an hour prior to your appointment time and **HOLD** until your app.
- ◆ **Nuchal Translucency scan** - EMPTY BLADDER BEFORE STARTING DRINKS! Please drink 2 cups of water over the course of an hour prior to your appointment time and **HOLD** until your app.
- ◆ **Morphology scan** – EMPTY BLADDER BEFORE STARTING DRINKS! Please drink 2 cups of water over the course of an hour prior to your appointment time and **HOLD** until your app.
- ◆ **Abdominal** – Please do not have any food 6 hours prior to your scan. You may drink water and take medication as per normal. You do **NOT** need to hold your bladder. Children under 6 years old **do NOT** need any preparation, therefore can be booked at any time of the day. Patient 6 and up, book between 8.30am – midday. Try not to book in the afternoon if possible.

Additional information : Abdominal US includes gallstones/gallbladder, liver, pancreas, and spleen.

- ◆ **Renal arteries** – Please do not have any food for 4 hours prior to your scan. You may drink water and take medications as per normal. Patient does **NOT** need to hold their bladder. Do try to only book these first things in the morning.
- ◆ **Leg arteries + abdominal arteries** – Please do not have any food for 4 hours prior to your scan. You may drink water and take medications as per normal. Patient does **NOT** need to hold their bladder.

Injections & Procedures : Please do not have any food for 5 hours prior to your procedure. You may drink water as usual. Patient does **NOT** need to hold their bladder.

If patient is on any blood thinning tablets, such as Heparin, Wharfarin, Clexane or Aspirin, they are going to need to CEASE those for 24/48 hours prior to their procedure.

They need to seek medical advise from their regular GP before ceasing.

Patients need of **NOT** had or planning on having a **COVID19** injection or booster, **no less** than two weeks before this procedure and **no less** than two weeks following the procedure.

COMPUTED TEMOGRAPHY (CT)

- ◆ **Chest** – Please **fast with no food** for 2 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. Patient does **NOT** need to hold their bladder.
- ◆ **HRCT** – Please **fast with no food** for 2 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. Patient does **NOT** need to hold their bladder.
- ◆ **Neck** – Please **fast with no food** for 2 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. Patient does **NOT** need to hold their bladder.

- ◆ **Renal** – If the doctor is looking for kidney stones, there is NO preparation for this scan. If the doctor is looking for anything else > Please **fast with no food** for 2 hours prior to your scan. Please drink 1 litre of water prior to your appointment so you are well hydrated. Patient does **NOT** need to hold their bladder. You may take medications as per normal.

Additional information to remember when booking in a patient: *The iodine contrast can cause serious damage in people with compromised kidney function, make sure to double check prior.*

- ◆ **IVP (Renal with contrast)** – Please **fast with no food** for 2 hours prior to your scan. Please drink 1 litre of water prior to your appointment so you are well hydrated. Patient does **NOT** need to hold their bladder. You may take medications as per normal.
- ◆ **Upper abdominal** – Please **fast with no food** for 4 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. The patient will need to arrive 1 hour prior to examination to drink oral contrast over the course of the hour. Patient does **NOT** need to hold their bladder.
- ◆ **Abdominal + Pelvic** – Please **fast with no food** for 4 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. The patient will need to arrive 1 hour prior to examination to drink oral contrast over the course of the hour. Patient does **NOT** need to hold their bladder.
- ◆ **Abdominal + Pelvic + Chest** – Please **fast with no food** for 4 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. The patient will need to **arrive 1 hour prior** to examination to drink oral contrast over the course of the hour. Patient does **NOT** need to hold their bladder.
- ◆ **Brain + Chest + Abdominal + Pelvic** – Please **fast with no food** for 4 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. The patient will need to **arrive 1 hour prior** to examination to drink oral contrast over the course of the hour. Patient does **NOT** need to hold their bladder.
- ◆ **Brain + Neck + Chest + Abdominal + Pelvic** – Please **fast with no food** for 4 hours prior to your scan. You may take medications as per normal and do stay hydrated with water. The patient will need to **arrive 1 hour prior** to examination to drink oral contrast over the course of the hour. Patient does **NOT** need to hold their bladder.
- ◆ **CTCA** – ***No tea, coffee, caffeine, chocolate, smoking or exercise*** **12 hours prior** to scan. **Arrive 15 minutes prior** to your scan. Do stay well hydrated with water. You **can** continue all medications as per normal and have a light breakfast if booked in the morning and light lunch if booked in the afternoon. Patient does **NOT** need to hold their bladder. ***Patient needs to be aware that they need to allow up to 2-3 hours for this appointment.***
- ◆ **Calcium Score** – ***No tea, coffee, caffeine, chocolate or smoking*** **6 hours prior** to scan. You can eat as per normal. Patient does **NOT** need to hold their bladder.

Patient's who are DIABETIC and/or are 60 and OVER require within the last 3-6 months, their most recent UNE's in order to proceed with the appointment. If the patient has not had any blood tests done prior, they need to organize it with their GP.

ASK WHEN BOOKING OVER THE PHONE:

- Their age- If they are **60 or over**.
- If they have **diabetes** and **take** medication for it.